



He heals the broken-hearted,
therefore if anyone is **IN CHRIST**,
he is a new creation, old things have
passed away, behold all things have become new.
— 2 Corinthians 5:17



RECOVERY HOME

Our recovery home has 18 beds where our amazing group of staff are scheduled 24 hours a day and 7 days per week to oversee our client's recovery from addiction. On staff there are qualified Addictions Counsellors who lovingly oversee the program for each client.

We are happy to report that 2011 has had a large number of graduating clients. For many women the program takes 90-120 days to complete. Some stay a little longer and others leave early often relapsing back into their addiction. Our program uses the Alcoholics Anonymous (AA) program

together with other life skill building programs. Like peeling an onion, we find that many tears are shed as deeper levels are uncovered during the recovery process. We covet your prayers for our clients and our dedicated staff.

The ministry has been operating since 1999. During that time hundreds of women have graduated and returned to their families and communities to live in freedom. We give thanks to the Lord for the transformations we have seen Him do over these many years.

OUR MISSION is to help others grow and believe in Jesus Christ, allowing Him to take an active part in their recovery from substance addiction.

OUR BELIEF is that the inspired word of God must be our fundamental source and inspiration in the professional counselling, treatment and rehabilitation process. Above all, we believe that love and compassion should be at the heart of a Biblical based ministry.

OUR GOAL is to be a safe, structured and supportive environment for women who desire freedom from their substance abusing lifestyle.

For more information please contact us at:

T: 604.855.4440

F: 604.855.6744

admin@liferecovery.ca

LIFE Recovery is a registered non-profit society

www.liferecovery.ca

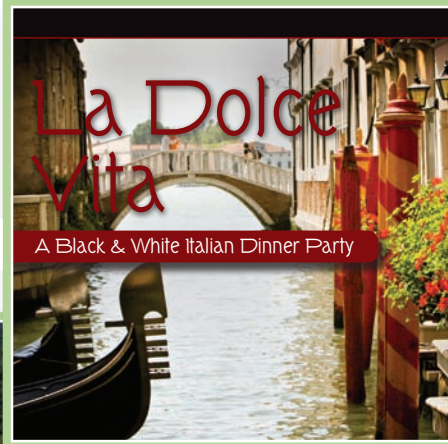
FUNDRAISERS

Every year we have some popular fundraisers to provide the funds necessary to carry out the ministry at LIFE Recovery. We need to raise approximately \$2000 per month for every client in our recovery house. Thank you to our many supporters that have purchased tickets, donated auction items and given generously to LIFE.

Joe Roberts Evening: June 9, 2011

Golf Tournament:
Ledgview Abbotsford, Sept 16, 2011

Dinner & Dance Gala:
Ramada Abborsford, October 29, 2011



THELMA'S PRAYER

*How mighty is our Lord above,
who gave his Son for us all to love.
He stands before us with an
outstretched hand,
glorifying all within his land.
I believe in strength, love and sorrow;
for all He gives us and tomorrow.
He gives us the strength of heart,
to never leave Him or grow apart.
How mighty He is and always will be.
This is my prayer that I need for me.*

Thelma graduated in 2011.

NEW RENOVATIONS

We are so appreciative to our many donors, churches and volunteers who contributed so generously to renovating the recovery house in 2011. New flooring has been installed, walls repainted, rooms decorated, crown moulding and baseboards updated. Some generous donors and volunteers made it possible to replace every window and sliding glass door thereby allowing us to reduce our heating costs each year. We are also thankful to the City for repaving our road that so badly needed attention.

In short, the recovery home looks fabulous and as women come into our facility it feels like home to them. This feeling of safety and security provides hope as they begin their journey of healing.



FEATURE SUCCESS STORIES



Thirty eight years ago I was born into the world unwanted, addicted and withdrawing from alcohol. My parents abandoned me and I was placed in the foster care system where I was bounced in and out of fifty two different homes by the time I was sixteen. The first decade of my life I was grossly abused by several foster Dads. By the time I was twelve I had become a hater of mankind and had my first introduction to alcohol. Being convinced I had found the cure for the despair, loneliness and pain I felt inside, I pursued a career of drinking for the next decade of my life. Somehow I managed to graduate from high school but I lacked life skills. My drinking progressed and when it wasn't enough to numb out the pain anymore I sought relief in drug use: mushrooms, acid, ecstasy, cocaine and eventually heroin. My heroin addiction grew fierce and expensive. In order to support it I committed crimes and ran with the wrong crowd. In and out of jail and living to feed a raging intravenous heroin addiction landed me on the streets of downtown Vancouver homeless, afraid and wanting to die. I believed God existed but that he wanted nothing to do with me. On February 28, 2009 I overdosed and ended up in jail for the last time. I didn't realize how much I needed God until he was all I had left. Instead of shaking my fist at him, this time I fell on my knees in surrender and asked for his help. Sixty days later I was on the door step of LIFE Recovery. I had tried everything to escape a life of addiction but this time was different... I wasn't kicking and screaming. LIFE Recovery was like no place I had ever been to. Jenny, one of the staff members gave me a welcome hug. It was the first human affection I could remember. The entire staff was so kind and welcoming. The first few weeks my gratitude was overflowing. The staff told me I was drunk on joy! I went to bed smiling and woke up smiling every day. I could not remember the last time I had smiled about anything. LIFE helped reunite me with my daughter whom I had not seen in six years. They assisted restoring my I.D. and clearing up my taxes to mention a few of the ways my life improved. However, the most profound change came when they introduced me to God and told me He loved me. During my treatment there I learned how to pray and how to be a giver, not a taker. After completing the three month program I was allowed to stay and complete a career preparation Triangle course that led to my first part time job with a security company. The miracle of it is... I was hired while being a client at a recovery house, on probation, no work experience and a criminal record. I thought they were nuts. But God had a plan and all I had to do was the next right thing. I trusted him and have followed the Holy Spirit's lead ever since.

I am now two and a half years clean and sober, have my first home and am operating a small business with my fiancé of a year and a half. I have been to school and have several certificates and pay my bills and taxes. I visit the Second Chance Life Thrift Store regularly and attend AA meetings and events at LIFE recovery still to this day. I have a desire to do God's will today and thanks to LIFE Recovery believing in me... my world has become this really great place!

–Diane

THRIFT STORE

2011 has been the biggest year ever for our Thrift Store. Located at 31550 South Fraser Way in Abbotsford we have over 70 volunteers operating our store. A steady stream of donated items appear at the back door of our store and our truck is being used constantly to pick up larger items.

The store generates over \$7000 per month to fund the ministry at the Recovery House as well as allowing our clients a chance to receive work experience.

We want to say a big thank you to the hundreds of people that donated good condition used items for us to sell this past year. To our volunteers, it is hard to express how much we appreciate your amazing dedication, giving of your time and love to operate the store. You are such a wonderful group of fun loving people.

If you are interested in volunteering at the store or if you would like our truck to pick up larger items please call the Thrift Store at 604-854-5928.



 Yes, I would like to support LIFE Recovery Association in helping women overcome addictions

I would like to give a monthly donation:

- \$25 \$50
 \$100 \$250
 Other _____

I would like to make a one time donation:

\$ _____

Donations also accepted online or by phone: **Cheque**

www.liferecovery.ca | 604.855.4440

Method of payment:

Direct Debit (for monthly donations)

Please deduct \$ _____ on the 1st or 15th of every month by Direct Debit from my bank account (please include a void cheque)

Credit Card Visa Mastercard

Name on Card _____

Card # _____ Expires _____

Signature _____

MONTHLY: Enclosed are _____ post-dated cheques each for \$ _____

ONE TIME: Enclosed is a cheque for \$ _____

A receipt for income tax purposes will be mailed after the end of the year for donations of \$15 or more.